# **Leading a Coaching Culture**

HOW TO EXCEL VIA INSPIRATION AND INFLUENCE

#### **TARGET OUTCOMES**

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Analyze complex human problems and know what to change; coach people and teams to their best contribution

Define your role as a leader and maintain boundaries; move from 'doing' the work to 'leading' and 'inspiring'

Respect diversity of values and lead collaboratively; turn around any relationships that are not productive

Navigate difficult conversations; return to your center when you've been triggered

#### **ONLINE FORMAT**

**Self-paced:** 6 weeks (1hr/wk online)

- Instructor-led: 3 live events (1hr each)
- Peer group: messaging, exercises and dialog

"This approach and method is structured, measured, enlightening and fun."

– Paul Bartholomew-King, Leader and Innovator, Mastercard

#### A SCIENCE-BASED PROGRAM FOR LEADERS AND LEADERSHIP TEAMS

**Leading a Coaching Culture** is a blended-learning online course and community of practice. The program is designed to help leaders and their organizations uncover deeper self awareness plus hone the skill sets and processes that inspire teams to their best possible performance and satisfaction.

#### INFLUENCE AND INSPIRATION SPRING FROM KNOWING YOURSELF AND HOW TO COACH OTHERS.

A leader's technical, business or operational acumen may have earned their role, but those qualities alone are insufficient to incite the highest performing teams. Rebecca Watson, the author of *Conscious Leadership and Creating High Performing Teams* has leveraged over 5,000 hours consulting with senior leaders globally to design this course, enabling leaders and organizations to rapidly scale their coaching cultures.

>> The blended-learning format makes this course highly engaging for busy leaders.

For more information visit InnerProfessional.com

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BROMPTON ASSOCIATES

## WISDOM FOR THE WORKPLACE



### TRANSFORMATIVE TRAINING

## BEST-IN-CLASS ONLINE LEADERSHIP & PROFESSIONAL DEVELOPMENT

Cultivate coaching cultures, growth mindsets, mindfulness, emotional intelligence, compassionate communications, positive psychology and self-directed focus.

#### WORLD-CLASS FACULTY

Courses are designed and presented by renowned business leaders, academics, researchers, authors and blue-chip corporate trainers.

#### LEADING-EDGE COMMUNITY LEARNING SYSTEM

Step up to inspiring online learning experiences and community of practice camaraderie. Over a decade of social-engagement design is reflected in presentation methods plus direct instructor and peer classmate communications. Each session can scale to any size organization.

#### TWO ONLINE COURSE FORMATS, AT-A-GLANCE:

#### (5) Instructor-Led, with online classmates

- » 1 hour/week engagement over 4-8 weeks
- » On-demand, self-paced video and written instruction
- » Community networking forum and accountability teams
- » 2-4 live, instructor-led online interactive events

#### Self-Paced, On-Demand

- » 1 hour/module with 4-8 modules
- » On-demand, self-paced video and written instruction

Learn More at InnerProfessional.com

#### connect@innerplicity.com

## **ONLINE COURSES**

#### Coach Your Self Up

Learn self-coaching techniques to identify and break through self-limiting thought patterns and behaviors. Become fully "response-able" with your own career desires and development.

#### Leading a Coaching Culture

Manage high-performance teams to new heights with coaching skills tuned for leaders. Navigate difficult conversations, run efficient meetings and deliver results. Feel inspired not tired!

#### Introduction to Navigating Uncertainty

Build leadership skills to navigate through the unrelenting uncertainty of our times. Learn practices that are science-based, scalable and easy to implement.

#### Super Power Your Decisions

Six steps to intuitive, high-stakes decision making. Learn what intuition is and isn't, how to cultivate it, and how to use your intuition for better, faster decisions in the workplace.

#### **Emotions at Work**

Strengthen your emotional intelligence to better navigate the complexity of emotions in ourselves and others. Enhance work relationships and minimize stress amidst the pressures of today's fast-paced world.